Your doctor has given you this brochure because you have psoriasis in your genital area and may be eligible to participate in a clinical research study. The information in this brochure will answer some of the questions you may have about the study and clinical research. Please talk to your doctor to learn more.

This research study is enrolling now.

Talk to your doctor today to see if you may qualify.

DISCREET

Double-blind Investigation of apremilast: Safety and Clinical REsponse Experienced with genital psoriasis Treatment

CC-10004-PSOR-025_Brochure_V01_22FEB2019

Have psoriasis on your genitals? You're not the only one...

Join others and see if you may qualify for the genital psoriasis DISCREET clinical trial.

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Psoriasis can cause pain and itching ANYWHERE on your body.

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What is a clinical research study?

A clinical research study is conducted to learn whether a new drug, treatment, or method is safe and effective for people who have certain ailments or illnesses. Clinical research studies, also known as clinical trials, follow strict scientific standards to ensure they produce the best data available for health care decision making.

What's the purpose of this study?

The DISCREET study is testing a study drug in people with moderate to severe genital psoriasis. The researchers on this study want to learn whether the study drug can help relieve symptoms and potentially reduce and/or clear your genital psoriasis.

Do I qualify to join the study?

You may qualify to participate in this study if you:

- **Are at least 18 years of age**
- **Are diagnosed with chronic plaque psoriasis for at least 6 months**
- **Are diagnosed with moderate to severe psoriasis in the genital area**
- **Have psoriasis on some other part of your body other than your genitals**
- **Have tried a topical therapy (one that's applied to the skin) and didn't have a good result, OR are unable to use topical therapies**

Why should I participate in this study?

There are a variety of reasons why people participate in clinical research studies. Some patients volunteer to help advance science, and your participation in this study could help researchers learn more about the treatment of psoriasis in the genital area.

Other patients are interested in the possibility of trying new study drugs or potential treatments. If you participate in this study, you will receive either the study drug or placebo at no cost. All study-related medical care will also be at no cost, and you will be reimbursed for reasonable travel expenses.

What happens during the study?

To join our study, you must read and sign an informed consent document to show that you understand the study and what's required. A study doctor will explain the study's procedures, its possible benefits and risks, and answer any questions you have before you sign. Your condition may get better or worse during the study.

After you give consent, the study doctor and staff will perform some tests to make sure that you're eligible to participate. If you are, you'll receive study drug for up to 32 weeks in the form of tablets that you'll take twice a day by mouth. During the first 16 weeks, you'll receive either the investigational medication or placebo. After week 16, all participants will receive the investigational medication.

The staff will work with you to find convenient times for your visits. You can leave the study at any time, for any reason.

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What about my private health information?

The study doctor and staff will handle your personal health information in a confidential manner. Personal health information includes both your study data and original medical records. To ensure your privacy, your name and other identifying information will not be attached to any records or samples released for research purposes. Instead, the records and samples will be identified only by a code.